

# Healthy Solutions – Biomeridian Assessment

## Statement of Intent

I, Rhonda McKinney, CN am a Certified Nutritional Consultant and Educator, not a physician. I do not diagnose or treat a disease. I assist my clients in their desire to support the innate healing response of their body by suggesting an individual selection of food, herbs, nutrition supplements, relaxation, visualization and exercise programs. A Nutritional Assessment and Evaluation consists of health history, dietary intake, metabolic assessments and nutritional testing.

## Client Informed Consent

I, \_\_\_\_\_, understand that the information provided on the relationship between nutrition and health is NOT meant to replace medical care or treatment for any health problem or condition. I understand that a Nutritional Assessment and Evaluation is not done to define health as it relates to disease, but as it relates to wellness.

I choose to improve my health assuming greater self-responsibility to reduce or eliminate unhealthy behaviors that are contrary to my well-being. The Surgeon General (1990) estimated that 7 out of the 10 leading causes of death in America are related to lifestyle habits such as smoking, lack of exercise, unhealthy eating and substance abuse. They are the focal points of our work together. I am here today and any subsequent visit, solely on my own behalf.

I am \_\_\_ am not \_\_\_ under the care of a physician for a health problem or medical condition. If so, for what problem(s) or condition(s)? \_\_\_\_\_

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## Biomeridian Fees

Biomeridian initial assessment is \$95. Follow up assessments are \$80.

Stimulus Library Assessment is \$125. Follow up assessments are \$100.

Vitamin Assessment is \$40.

I agree if it becomes necessary to reschedule my appointment, I will notify Healthy Solutions at least 48 hours prior to my appointment. A returned check fee of \$25 will be charged with any outstanding balance.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian signature if under 18 years of age

\_\_\_\_\_  
Date